

I am Dr. Tandin Om, working as a junior consultant in the Central Regional Referral Hospital, Gelephu, in Bhutan. The hospital is the referral center, covering the southern and central regions of the country. Currently, I am the lone obstetrician and gynecologist in the hospital, catering to not only the women of my district but the nearby 3 districts under my catchment area. The services provided by the OB/GYN department in my hospital include outpatient, inpatient, surgical, and colposcopy services. All the cases are managed here, except those that require subspecialist services.

This medical scholarship represents far more than financial assistance; it is a lifetime opportunity that can enable us to pursue a goal that will ultimately help us to improve our women's healthcare and make a tangible difference in their lives.

Our country being a developing one, we are still lacking behind and striving our best to come to par with the healthcare system in the west. We have lots to learn from a developed country. With this scholarship, I would like to explore, observe, learn, and practice to have access to advanced training, mentorship, and resources, allowing me to develop a deeper understanding of obstetrics and gynecology in your country. The experiences and insights gained through the scholarship program could also contribute to broader systemic improvements within Bhutan's healthcare infrastructure.

I would like to expand my clinical skills and knowledge. I would like to observe clinical procedures and patient consultations in your setting. This includes observing prenatal visits, deliveries, gynecological surgeries, and the use of advanced techniques implemented in your hospital.

As we are a developing country, we follow WHO protocols for most of our obstetric management. I would like to experience firsthand the ACOG managements so that we can implement them with confidence in our settings. I would also like to get experiences on the surgical field's example, like PPH management, without the need to directly go for hysterectomy. With this opportunity, I would like to observe different healthcare systems, practices, and patient populations to gain a broader perspective on women's healthcare delivery.

Telemedicine is a developing concept in this part of the country. I would like to learn about telemedicine and how advanced it is. Since I work in a referral hospital in the south, most of the women seeking medical attention are from rural and underserved areas. Though healthcare is free in our country and basic health care is provided at the primary health care clinics, women who need further consultation are usually referred to specialty hospitals. Most of these women's are underprivileged, and to seek basic medical attention, some of them have to think twice due to social issues like transport and lodging. With the opportunity to learn about telemedicine, I would like to get ideas on how I can implement this at my level.

I would also like to learn about recent advancements in OB/GYN research and innovation in your setting and the discussion on emerging trends and technologies through hospital visits and interaction with researchers, faculties, and residents. Not only is it an opportunity to gain knowledge, but it would also offer an opportunity for me to interact with healthcare providers,

researchers, and educators in your OB/GYN department, which is valuable for building connections, seeking mentorship, and exploring potential career paths or research interests.

Not only will I be receiving advanced training or knowledge, but I will also have the opportunity to share my knowledge and skills with my colleagues and healthcare providers back home, ultimately contributing to professional development as well as strengthening and improving the overall health care delivery to our women. Apart from the clinical learning and training, I would like to explore different traditions and cultures, not only in the health context but in general as well, which includes exposure to the food and places in the west.

So overall, this scholarship can be a great opportunity to learn and experience firsthand the health care system of a developed country and bring about changes at our level that can significantly impact patient outcomes, the healthcare delivery system, and the overall well-being of our women's health.